

Industry Institution Interaction Council (IIIC) & Institution Innovation Cell (IIC)

A REPORT on Y20 SUMMIT visit at KANHA SHANTHI VANAM, HYDERABAD

22-07-2023

Faculty and students of **Nalla Narasimha Reddy Education Society's Group of Institutions, (NNRG)** Hyderabad visited Youth 20 Summit at Kanha Shanthi Vanam, Hyderabad on 22-07-2023. The Y20 summit has been organized by Heartfulness in association with the Ministry of Youth Affairs & Sports as well as G20. Around 42 students of NNRG and 06 Faculty members of Dr G Janardhana Raju, III-C Convener, Dr G Subba Rao, III-C Event Coordinator, Dr E Chandra Sekhar, Dr I Sirisha, Mr. P Srinivas, and Mr. Prasanth Kulkarni have attended this program today and the highlights are as follows:

At the outset, **Dr Niveditha Shreyans**, Director Youth Programs and Media briefed about KANHA Shanthi Vanam and requested Padma Bhushan awardee and President of Shri Ram Chandra Mission and a Spiritual Guide of Heartfulness Shri **Daaji**, **Mr. Anmol Sovit**, Chairperson of Y20, **Ms. Manasi Girish Chandra Joshi**, Para Badminton Olympian for lightning of a lamp as a tradition followed by Mr. **Shriram Krishnan**, popular singer and **Mr. Subhodeep** guitarist for a prayer song Ganapathi Boppa Morya.

TIME	AGENDA	VENUE	SPEAKER / PANEL
7:30 - 8:30	Breakfast	The Pearl	
8:30 - 9:00	Assemble	Auditorium	
9:00 - 10:30	Meditation Inauguration Ceremony	Auditorium	Daaji Hon. Ministers Guests of Honour
10:30 - 10:45	Ice-Breaker 1	Auditorium	Student Management Team
10:45 - 11:30	Panel 1 + Q&A	Auditorium	TBD
11:30 - 11:45	Ice-Breaker 2	Auditorium	Student Management Team
11:45 - 12:30	Panel 2 + Q&A	Auditorium	TBD
12:30 - 12:45	Ice-Breaker 3	Auditorium	Student Management Team
12:45 - 13:15	Panel 3 + Q&A	Auditorium	TBD
13:15 - 14:00	Music Concert	Auditorium	Mr. Ricky Kej & Crew
14:00	Lunch	The Pearl	



Dr Niveditha Shreyans, Director Youth Programs and Media

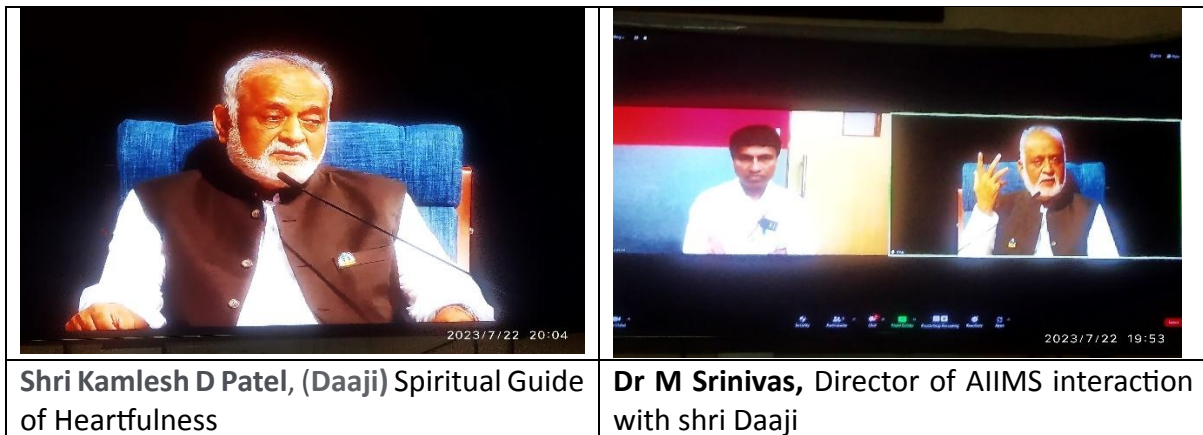


Shriram Krishnan, singer and Subhodeep guitarist singing a prayer song.

The Program Director Dr Niveditha introduced **Mr. Anmol Sovit**, Chairperson of Y20, **Dr M Srinivas**, Director, AIIMS, New Delhi; Mr. **Pankaj Singh**, Director, NSS and Ms. **Neeti Goel**, Philanthropist and social activist; **Mr. Swayam Srivastava**, Motivational poet, **Mr. Himadrih Suwan**, Chairperson, winner of Global young achiever's awardee; **Mr. Vikrant Gharat**, Motivational Speaker.

Dr Niveditha told after inaugural session, Meditation inauguration ceremony program along with Daaji, followed by Ice breakers 1,2, and 3 with Panel interactive sessions and lastly a musical finale by triple Grammy winner **Ricky Kej**.

Shri Kamlesh D Patel, also known as **Daaji**, said, “India is the spiritual Centre of the world and Heartfulness is accessible through simple methods. He also said that the youth are showing interest towards holistic wellness now a days as the youth understand that meditation helps to mold the lifestyle in a better way. He appreciated the AIIMS, stating that AIIMS is working on identifying the region of the brain that brings intuitive awareness and certainly that will be helpful to everyone to under evidence-based mechanism.



Shri Kamlesh D Patel, (Daaji) Spiritual Guide of Heartfulness

Dr M Srinivas, Director of AIIMS interaction with shri Daaji

Dr M Srinivas, Director of AIIMS said, Self-awareness, focus, resilience is some of the outcomes of meditation. He also said that the present youth are facing distractions, demands, stress, pressure addiction to social media etc., Meditation empowers and unlocks inner potential, brings greater resilience, enhanced knowledge, attention, memory, better sleep, relieves stress, improves psychological conditions and alters negative mentality.

Mr. Kunal Tilak, Y20 Secretariat and great grandson of Lokmanya Bal Gangadhar Tilak, **Ms. Ayonika Paul**, Olympian, world cup Medalist in sport of Rifle Shooting and **Ms. Manasi Girish Chandra Joshi**, Para Badminton Olympian in the women’s singles are also participated.



Ice breakers 1,2, and 3 with Panel interactive sessions

While speaking **Ms. Ayonika Paul** said that Physical goals are visible, and internal goals are not. In the long run the inner goals can be identified. **Ms Manasi Girish Chandra Joshi**, a Para Badminton Olympian said, that there is a possibility to change the things in life including the surroundings and there is nothing to regret. Also said that everything will be fine with a hundred percent effort and very simple to lead which any one can show in simple things in life as helping the person beside you. **Mr. Anmol Sovit**, the chairperson of Y20 said that the purpose will be served with the yough by transforming themselves by exchange of ideas, discussions and the holistic wellness trainings.

Mr. Chandan and **Ms. Kasish Sago** acted as hosts for the entire event. The Y20 summit is witnessed by a musical finale by triple Grammy winner **Ricky Kej**.



Hosts of the Y20 program



Musical finale by triple Grammy winner Ricky Kej



NNRG Faculty in Y 20 Summit





Dr G SUBBARAO
Event Co-ordinator

Dr G JANARDHANA RAJU
IIC-CONVENER & DEAN-SoE