

REPORT ON

NATIONAL MENTAL HEALTH DAY- 2025

On 10th October ,Pharmacology Club of SoP-NNRG successfully organized an insightful seminar and awareness campaign to observe World Mental Health Day. The event aimed to raise awareness about mental health issues among students and faculty, break the stigma surrounding mental illness, and promote emotional well-being on campus.

A session was conducted on that day by speaker Ms. T.Sunanda, Assistant Professor, Dept. of Pharmacology, School of Pharmacy-NNRG. She delivered an informative and engaging lecture by emphasizing the importance of integrating mental health care into emergency response systems.

Key aspects of this event include

- ✦ Mental Health in Emergencies
- ✦ Access to Services – role of Pharmacists
- ✦ Community Support- to reduce stigma and improve mental health care
- ✦ Global Efforts of Organizations like WHO to promote mental health care

The event aimed to raise awareness about mental health issues and promote action for mental health care and support, especially in emergency situations.

The Program was attended by 68 III-yr B.Pharmacy students , along with faculty members of the School of Pharmacy.

The interactive nature of the session encouraged students to ask questions and clarify their doubts, making it an impactful learning experience.

Conclusion:

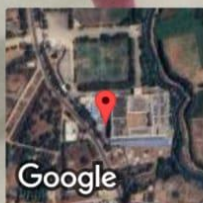
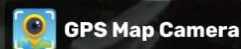
The event highlighted the critical need for accessible mental health services, especially in catastrophes and emergencies. It serves as a reminder of the collective responsibility to prioritize emotional well-being and promote mental health care.

DATE:10/10/2025

WORLD MENTAL HEALTH DAY-2025

Theme: "Access to Services-Mental Health in Catastrophes and Emergencies"

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