





SCHOOL OF PHARMACY

Report on

<u>CGMP AWARENESS AND MENTAL HEALTH DAY</u>

On October 10, 2023, the School of Pharmacy at NNRG organized a dual lecture session to enlighten B. Pharmacy students on two critical aspects of their academic and personal development. Dr. Sree Giri Prasad, Head of the Department of Pharmaceutics, focused on the awareness of Current Good Manufacturing Practices (cGMP), while Dr. Krishna Mohan Chinnala, the Dean of the School of Pharmacy, delved into the significance of mental health.

cGMP Awarenessby Dr. Sree Giri Prasad: Dr. Sree Giri Prasad commenced the session by providing a comprehensive overview of Current Good Manufacturing Practices (cGMP) in the pharmaceutical industry. He emphasized the importance of adhering to cGMP standards to ensure the quality, safety, and efficacy of pharmaceutical products. Key topics covered included:

- Explanation of cGMP principles and guidelines.
- The role of cGMP in maintaining product quality from manufacturing to distribution.
- Real-life examples and case studies illustrating the consequences of non-compliance with cGMP.
- The impact of cGMP on the pharmaceutical industry's reputation and regulatory compliance.

Dr. Sree Giri Prasad encouraged students to grasp the practical applications of cGMP in their future careers, emphasizing its role in ensuring patient safety and regulatory compliance.

Mental Health Dayby Dr. Krishna Mohan Chinnala: Following the cGMP awareness session, Dr. Krishna Mohan Chinnala took the stage to address the crucial topic of mental health. Recognizing the challenges students may face during their academic journey, he provided insights and guidance on maintaining mental well-being. Key highlights included:

- Importance of mental health in academic success and personal life.
- Identification of stressors and coping mechanisms.
- Encouragement for open communication and seeking support.
- Practical tips for managing stress and maintaining a healthy work-life balance.

Dr. Krishna Mohan Chinnala emphasized the school's commitment to fostering a supportive environment and encouraged students to prioritize their mental health.

Conclusion: The dual lecture session on cGMP awareness and mental health day proved to be an enriching experience for the B.Pharmacy students at NNRG. The combination of pharmaceutical industry knowledge and insights into mental well-being provided a holistic approach to their academic and personal development. The speakers' expertise and engagement with the students contributed to a meaningful and educational event.



Faculty, Staff, and female students of B. Pharmacy III year (103) have participated in the program

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