

## SCHOOL OF PHARMACY

### REPORT

#### A TWO DAY SOFT SKILL DEVELOPMENT PROGRAM

**School of Pharmacy and Training and Placement cell, NNRG** has organized a Two Day Soft Skill Development Program for the students of B.Pharmacy III year on 12<sup>th</sup> and 13<sup>th</sup> April 2022 in association with Telangana Academy for Skill and Knowledge (TASK) at Nalla Narasimha Reddy Education Society's Group of Institutions, Hyderabad.

TASK is a not for profit organization created by Government of Telangana for bringing synergy among institutions of Government, Industry & Academia with an objective of offering quality human resources and services to the industry. It is also involved in Granting access to modules for enhancing their technology, personal and organization skills at highly subsidized rates.

**Speaker:** Mr. D.Raghu

Mr. D.Raghu completed his Master of Arts in History from University of Hyderabad, Bachelor of Commerce from Kakatiya University, Post graduate Diploma in Project Management from University of Hyderabad and Diploma in Arts and Science in Neuro-linguistic Programming. He is the founder of "The good talk factory" (NGO). He acted as mental toughness coach and soft skills trainer on freelance. He was team lead for career guidance and counseling for UNDP Project at Coign Consultant Pvt. Ltd. He is a professor of practice and trainer at Telangana Academy for Skill and Knowledge (TASK).

#### Summary of the program

##### Day 1

The session started with an introductory talk by Dr.Krishna Mohan Chinnala, Dean, School of Pharmacy. Sir stated that Soft skills are an essential part of improving one's ability to work with others and can have a positive influence on furthering your career. He informed that it's a great opportunity for the student's to participate in such training programs and these will definitely help to build confidence in students. He wished all the very best to the students. Later the introductory talk was continued by Mr.K.Sreekanth, Training and Placement Officer, NNRG. He asked the students to be an active part of the training program and learn the rules to be a good team member. He quoted that students need to be responsible, responsive and reasonable. After this the training session was continued by Mr.Raghu.

The trainer started the first session by giving a list of important soft skills which are required for any student. Later he spoke about importance of having good communication and listening skills. He stated that communication and listening go hand in hand. He also said that Good communication skills require a high level of self-awareness. Understanding your own personal style of communicating will go a long way toward helping you to create good and lasting impressions with others and by becoming a better listener, you can improve your productivity, as well as your ability to influence, persuade and negotiate. After that he continued the session with skills required to work as a team player.

He continued with the meaning of teamwork stating that it is a process of working collaboratively with a group of people in order to achieve a common goal. He explained few tips for a good and healthy team work, they are as follows;

- Every individual should think of his team first than his personal interests.
- The ideas must be discussed with each and every member on an open platform.
- Stay away from criticism and making fun of your team members.
- The communication must be effective, crystal clear and precise so that every team member gets a common picture.
- The personality of the leader should be such that every team member should look up to him and take his advice whenever required.
- He should not be partial to any member and support each of them equally.

Later trainer divided the students in to groups and practiced few activities as a group like writing words with two vowels, writing the capital cities and chief ministers of various states of our country. These activities were conducted to make a practical session on team works.

Each team was given an opportunity to showcase their team work. In these activities students learned how to act in a team, how to lead and also present the team activities. At the end of the session students delivered their experiences of the activities and they said that these kind of activities made them to realize what they are capable of, and once they have a clarity on their capability they will have a clear idea on how to do things with more effectiveness.

## **Day 2**

Second of the training program was planned to encourage the students to speak on the stage and this activity was mainly planned to get rid of stage and language fear from the students. Students were asked to pick any topic of their interest and speak about it for 1 minute, where the speech was continued with discussion about the topic. Many of the students came forward and expressed their views fluently. Later the trainer said that there is nothing called stage and language fear, it's just that that students are not self motivated to showcase their hidden skills. He also gave few tips and suggestion on stage manners. They are;

- Write down the presentation points wise before starting the practice.
- Make a schematic presentation of the points.
- Practice in front of the mirror to understand your own self.
- Record yourself and listen carefully to how you sound under pressure
- A brief lapse of words can emphasize a particular point, so pause whenever required.
- Trust your own ability to deliver a message that is foolproof
- If someone has a question, mention they are welcome to ask during the presentation
- People enjoy seeing the presenter as a relatable human. Tell a story or a joke that you feel comfortable relaying.
- Do not carry note cards, as it is distracting
- Carry a smile while presenting
- Look at the complete audience rather than one person

He also explained the importance of having a good expression and body language at the time of presentation by giving a demonstration and an act by the students. The act involved three scenes where students would enact without dialogues for first time, without expressions for the second time and for the third time the same act was performed with dialogues and expressions. So this made clear that both voice modulation and body language gives a good impression while presenting on the stage.

The session was concluded by the feedbacks give by the students, where they expressed their responses about the complete training program and trainer. At last dean sir congratulated all the students for their active participation at the session.



**SDP introduction by Dr.Krishna Mohan Chinnala, Dean, School of Pharmacy**



**SDP introduction by Mr. K.Sreekanth, TPO, NNRG**



**Students participating at the Skill Development Program**





**Trainer Mr. D.Raghu conducting the Skill Development Program for III year B.Pharmacy students**



**Students presenting their skills at the Skill Development Program**



Students enacting the importance of expressions and body language



Students presenting their feed backs about the training session



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### **B.Pharmacy III year student participants with Dean, Trainer, and Faculty**

Total **51** students of **B.Pharmacy III** year were present for the program.

  
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**DEAN-SOP**