

AUTONOMOUS INSTITUTION

SCHOOL OF PHARMACY

REPORT ON

INTERNATIONAL EPILEPSY DAY AWARENESS PROGRAM

As part of its commitment to promoting health education and awareness among budding pharmacy professionals, the School of Pharmacy at Nalla Narasimha Reddy Education Society's Group of Institutions (NNRG) organized an Awareness Program on International Epilepsy Day on 10th February 2025. The event was held in the Seminar Hall of the School of Pharmacy from 2:30 PM to 4:00 PM and was attended by faculty members and students across I year of the B.Pharmacy students.

The objective of the session was to raise awareness about epilepsy, a chronic neurological condition that affects over 50 million people worldwide, and to shed light on its clinical features, treatment modalities, and the social challenges faced by those living with the disorder.

The resource person for the program was Ms. T. Sunanda, Assistant Professor, Department of Pharmacology, School of Pharmacy, NNRG. With her expertise in neuropharmacology, she delivered an engaging and informative presentation that covered:

- The pathophysiology of epilepsy, including its neurological basis and how abnormal electrical activity in the brain triggers seizures.
- Types of seizures, with real-life examples to help students understand the clinical diversity of the condition.
- Diagnostic procedures, including EEG and brain imaging, and the importance of early and accurate diagnosis.
- Pharmacological and non-pharmacological treatment options, emphasizing the role of antiepileptic drugs (AEDs), lifestyle modifications, and surgical interventions in treatmentresistant cases.

Ms. T. Sunanda also discussed case studies, recent advancements in epilepsy research, and highlighted the significance of medication adherence and regular follow-ups in managing the disorder effectively. She encouraged students to approach epilepsy not only from a

pharmacological standpoint but also from a humanistic and empathetic perspective, as future healthcare professionals.

The session concluded with a Q&A segment, where students posed thoughtful questions, sparking meaningful discussion. Faculty members appreciated the relevance of the topic and the clarity with which it was delivered.

The program was part of the institution's ongoing series of health awareness initiatives, aimed at broadening students' understanding of pressing medical conditions and cultivating a sense of social responsibility and professional sensitivity among future pharmacists.

The awareness event was well-received and left a significant impact on attendees, reinforcing the School of Pharmacy's mission to integrate public health awareness into the academic environment.



Students and faculty attending the International Epilepsy Day awareness program

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